

Cultivate Reflection Guide

She Her | Discovering the Biblical Role of Women
Pastor Matt Brown | April 22-23, 2023

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NEW series: The Bible teaches that God created mankind in His image; male and female He created them. While gender is sacred and unchanging, the historical roles of men and women in the church have varied over time. Together, we'll discover what the Bible teaches about the role of women in the church.

Our Reflection Guide is a tool to help you grow spiritually wise, relationally kind and emotionally healthy. Use it to reflect and respond to the weekend message as you cultivate personal spiritual growth, lead your community group discussion or start a conversation with a trusted friend as you grow together. Pair it with your bible, a journal or any resource that helps you learn. *It's not about getting through the content, but getting the content through you!*

From the Beginning

Read: [Genesis 1:26-27 NLT](#)

Dig Deeper Opportunity: [Genesis 2:18](#), [Genesis 2:23](#), [Psalm 139:13-14](#)

Reflect: God created woman to reflect Himself, pouring purpose and design into us with precision, complexity and care. God not only loves us, but our lives deeply matter to Him. Do you believe that truth about your value to God? If not, what “unbelief” is distorting that image of your value and worth?

Respond: Make a list of the ways you reflect the beauty and goodness of God. Don't overthink this or undervalue yourself. Give yourself permission to freely acknowledge what you love, value and appreciate about being a woman.

Live it Out: Now that you've remembered that you reflect God's beauty, how do you want to live that out in the world around you? This could include advocating for yourself, pursuing a calling, growing in your relationship with God, or even speaking affirmation over another woman in your life.

We Need Each Other

Read: [1 Corinthians 11:11-12 NLT](#)

Dig Deeper Opportunity: [John 14:15](#), [Ephesians 4:14-16](#)

Reflect: While the Bible is clear on God's value for the roles of both men and women, our fallen world reflects the impact of brokenness and sin in the way we interact and engage with each other. Have you personally experienced that brokenness – through family dynamics, personal relationships, societal norms or even church culture?

Respond: As a follower of Jesus, we don't follow the whims of culture; we follow the word of God. His truth tells us that while we – men and women – are not the same, we need each other. In contrast to brokenness, how have you experienced the beauty and benefit of both voices helping you become the best version of yourself?

Cultivate Prayer: Father God, as your daughter, I believe I have a vital role in your kingdom. That is both a truth I want to learn and a truth I want to live by. Help me to discover my beauty, value and worth in you. I want to understand your design for creation and appreciate the voices of both godly men and women in my life. Heal my heart, right my perspective and teach me to follow your commands so that I can walk humbly and confidently as the woman you've created me to be.