



sandals church women

Cultivating a Life in Christ

Week 6 – Galatians Chapter 6

Christina Crowley | Living for Christ

You did it, friend!

What an incredible six weeks it's been. Together we've experienced the grace and freedom of the gospel. Although our study has come to end, the seeds of truth you've cultivated into your heart, mind and life will NEVER stop growing.

The gospel of grace sets us free on purpose, to live a life for purpose.

Finish well! Choose the questions that are most meaningful to you and/or that lead your group into deeper conversation. Use the remaining content as you spend time with Jesus throughout the week. Be REAL with yourself, God and others as you commit to cultivating the truth of God's word into your life SO THAT you can live out what you're learning.

Cultivate Truth

Read Galatians Chapter 6. Make note of any words, phrases or verses that speak to you. In your own words summarize what you want to take away from this chapter.

As we close our study, what truth from Galatians has most deeply impacted you? This could be a particular teaching, chapter or personal application that you want to carry with you.

Key Verses

¹⁴ As for me, may I never boast about anything except the cross of our Lord Jesus Christ. Because of that cross, my interest in this world has been crucified, and the world's interest in me has also died. ¹⁵ It doesn't matter whether we have been circumcised or not. What counts is whether we have been transformed into a new creation. ¹⁶ May God's peace and mercy be upon all who live by this principle; they are the new people of God. Galatians 6:14-16 NLT

Quick Study

If time only allows for quick study this week, linger here: Christina challenged us that "if we have not been changed by grace, we are living out a false faith." How is the reality of God's grace changing your life? Describe and celebrate any outward evidence of inward changes you are experiencing.

Notable Quotes from Christina

- If we have not been changed by grace, we are living out a false faith.
- The gospel of grace sets us free on purpose, to live for purpose.
- We have not only received grace for ourselves, we have been set free to be reconcilers of grace to others.
- With our freedom we 1) create capacity to live compassionately, 2) intentionally invest into the lives of others and 3) live for reflecting our new life in Christ.
- When we're free from the burden of law, we can live for building a legacy.
- The Christian life is not about what we know or do; it's about being made new.

Reflect & Discuss

Choose the questions that will lead you and/or your group into reflection and discussion:

1. As you reflect on Christina's message, what personally encouraged you? What challenged you?
2. Galatians 6 open with a familial greeting. Whom in your "spiritual family" do you admire or appreciate for the way they live out their faith? How has their life and faith made yours better or stronger?
3. Galatians 6:6 encourages us to generously share our lives. Are you re-investing in the family of God? If so, what blessings are you experiencing? If not, how can you begin using your faith or your spiritual gifts to bless others?
4. Jesus gave everything to secure our freedom. Now, we must stay free.
 - a. In what area of your life are you ready to take ground [fight, hold fast, resist] SO THAT you don't return to striving, but stand firm in your freedom? This is NOT about perfection, but rather progress.
 - b. Read Galatians 6:9. Taking ground takes energy. What are some things you do to hold on to faith when you're growing weary? These could be personal, practical or spiritual.
 - c. Make a game plan. Write down the truths you want to remember, the people you will turn to and the progress you've made so that when you get tired, you don't give up!

Cultivating a Life in Christ

Respond to God, inviting Him to cultivate this week's truth into your life.

Cultivating a life in Christ is an active, intentional process in progress. Every day we choose to exchange law for life, bondage for freedom and performance for promise. Costly and precious, but free by faith, grace surrounds us. It's when we receive grace AND generously give it away, that we are being made new.

As we close this study season, we pray this blessing with you and for you. Together, we are becoming women who live out our faith with honor, obedience and grace, as we cultivate a free and full life in Christ.

"Father God, we want to cultivate a life that is filled to overflowing with your grace and freedom. Remind us that we are fully known and deeply loved by you. Your grace is a promise that sustains and transforms us every day. Help us to rest in your grace so that we can walk in your freedom. As we do, fill us afresh with your Holy Spirit, giving us the courage and capacity to live out your grace, compassion and kindness in the world around us. Amen."

Dig Deeper

Choose any of these dig deeper opportunities to cultivate more of God's word into your life.

- Read Galatians 6:4-5 MSG. Investment in others must be preceded by self-awareness. How do these verses instruct us to become the best version of who God created us to be? What two "don'ts" do they warn us against?
- Read 2 Corinthians 5:18-21 NLT. God uses us to give others the gift of grace. What is a meaningful and practical way that you could share God's grace and goodness with someone around you? This could be an act of service, a word of hope or even an invitation to spend time with you. Be Christ's ambassador and give away grace.

Supporting Verses

4-5 Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others. Each of you must take responsibility for doing the creative best you can with your own life. Galatians 6:4-5 MSG

¹⁸ And all of this is a gift from God, who brought us back to himself through Christ. And God has given us this task of reconciling people to him. ¹⁹ For God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And he gave us this wonderful message of reconciliation. ²⁰ So we are Christ's ambassadors; God is making his appeal through us. We speak for Christ when we plead, "Come back to God!" ²¹ For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ. 2 Corinthians 5:18-21 NLT