

Cultivate Reflection Guide

The Power of Us: The Power of our Teaching April 30/May 1, 2022

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Each generation thinks they're the best, with an almost refusal to listen to or learn from generations before or after us. Through the wisdom of God's word, our new series will help us learn from the past so that we can keep learning from and leading future generations.

Our weekly Reflection Guide equips you to start a REAL conversation in your community group, as well as cultivate God's word into your life through personal bible study. Choose the questions that challenge you to reflect and respond to what we're learning. *It's not about getting through the content, but getting the content through you!*

Note: With many Sandals Church Women participating in our Spring Cultivate bible study, we'll be offering an abridged version of our Weekly Reflection Guide for the next 6 weeks. Continue to engage with the weekend message while participating in our study or simply return to the Reflection Guide once our 6-week season is over. The choice is yours! Not registered for our Spring Study? [Register now!](#)

Read: [1 Timothy 1:5 CSB](#)

Reflect: As you reflect on the weekend message, what most instructed, encouraged or challenged you? This could be any word, verse or point that got your attention.

Respond:

1. Knowing the word of God is vital to growing our faith, but we must not miss the heart of God. If we're not careful **we can be learning a version of Christianity that lacks Christ.**
 - Share a recent example of how being with Jesus created a change in you. If we are meeting with Jesus and seeking to obey Him, change is not just something that happened, but something that keeps happening.
2. Head knowledge must become heart knowledge so that through our learning **we become people of love.**
 - Reflect on your sphere of influence – family, friends, neighbors, coworkers, classmates. How are you living out what you're learning in such a way that others not only see your faith, but they see God's love?

Be REAL about what this looks like in your life. Living out our faith could be things we do *with others* [teach, share, love, invite, connect] or things we do *for others* [forgive, give grace, show kindness, serve]. Don't be ashamed to celebrate how God is using you or to confess that you want to grow in this area!

Prayer: Pray [Ephesians 3:17-19 NLT](#), personalizing it and aligning your heart with Gods. Recall this verse as you go about your week and let it serve as a reminder of God's love for you SO THAT you can live out His love toward others:

“Jesus, I pray that I, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that I may be filled to the measure of all the fullness of God. Amen.”