

# Cultivate Reflection Guide

## The Power of Us: The Power of Jesus' Family April 23/24, 2022

[WATCH](#) | [DOWNLOAD](#)

**NEW series:** Each generation thinks they're the best, with an almost refusal to listen to or learn from generations before or after us. Through the wisdom of God's word, our new series will help us learn from the past so that we can keep learning from and leading future generations.

Our weekly Reflection Guide equips you to start a REAL conversation in your community group, as well as cultivate God's word into your life through personal bible study. Choose the questions that challenge you to reflect and respond to what we're learning. *It's not about getting through the content, but getting the content through you!*

---

**Read:** [1 Timothy 3:14-15 NIV](#)

**Reflect:** What wisdom, insight or instruction have you learned from the generation before you? This could be a particular word of advice, a tradition or practice that was passed down or simply an observation you've made.

### Respond:

1. It is a universal truth that we all have a desire to be seen and known – to belong. In your own words, describe what gives you the greatest sense of belonging. This could be with self, God or others.

*Dig Deeper* Read [Psalm 139 The Voice](#) and linger in the depths of God's understanding of you. How does the knowledge that you are fully known by God encourage you? How does it challenge you to live?

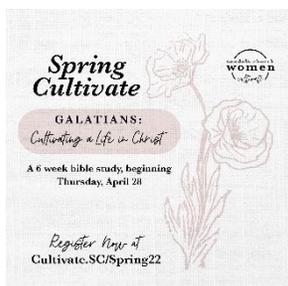
2. In a **culture of isolation**, Jesus invites us to his **community of family**.

- Are there any rhythms, habits or practices in your life that isolate you from others? Keep in mind...these could even be **good things**, but without balance, they are keeping you from **better things**.

3. Jesus' family is **intergenerational** where we **invest** into one another.

- Church is not just a place we consume, but a family to which we contribute. Are there any obstacles that are keeping you from authentically contributing to our church family? This could include past experiences, ideas about your age and ability, a critical spirit or even assumptions and expectations about the Church.
- You not only have gifts, but you are gift to others. What do you have to offer that you could begin to share with others – personally, professionally or spiritually? This could be tangible [presence, time, talents, gifts] as well as intangible [worship, attitude, relationship, growth].
- Identify a next step you can take to invest in Jesus' family. If you're not sure where to start, ask God to give you wisdom or invite a trusted friend to speak into your life.

**Prayer:** "Father, I marvel at the way you see and know me. You are a family who makes family and I'm so grateful that I belong to yours. I want my gratitude to lead to obedience. Search my heart and align my spirit with yours. Move me away from simply consuming and cultivate a spirit of generosity in me so that I would be someone who authentically contributes to your Church, to our family. Help me to be open to learning and growing so that others can learn and grow from me. Amen."



**Our Spring study season kicks off Thursday, April 28!** With many of our Sandals Church Women participating in our bible study, we'll begin offering an abridged version of our Weekly Reflection Guide starting next week. If you choose, you can continue to engage with the weekend message while also participating in our study or simply return to the Reflection Guide once our 6-week season is over. Not registered? [Register NOW!](#)