

Cultivate Reflection Guide

The Healer: Waiting for Your Miracle March 5/6, 2022

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We know Jesus as our Lord and Savior, but do we know him as a healer? Whether it's the ongoing struggle with the pandemic, our spiritual and emotional health or our relationships, we all need healing.

Our weekly Reflection Guide equips you to start a REAL conversation in your community group, as well as cultivate God's word into your life through personal bible study. Choose the questions that challenge you to reflect and respond to what we're learning. *It's not about getting through the content, but getting the content through you!*

Read: [Mark 8:22-26 ESV](#) and [Isaiah 40:31 ESV](#)

Reflect: As you reflect on the weekend message, what most instructed, encouraged or challenged you? This could be any word, verse or point that got your attention.

Respond:

1. Waiting is hard, but as followers of Jesus we don't just **wait on Him**, we **wait with Him**.
 - What do you find most difficult about waiting? Be specific – is it the unknown, the temptation to take matters into your own hands, the patience required, fear of the outcome, worse case scenarios, doubt, etc.?
 - How might your perspective change if rather than wait **on** Jesus, you waited **with** Jesus – in His presence, in His word, in worship or among His people? If you're already practicing this, how has it helped you wait well? If you're not, what is one way you can begin spending time *with Jesus* while you wait?
2. **Stay focused** on Jesus as you wait.
 - Rather than focus on Jesus while waiting, we fall into the trap of comparing our lives with others, which makes us vulnerable to jealousy, envy, impatience and bitterness. Where have you become focused on what God is doing in others and lost sight of what He wants to do in you?
Be REAL: This might look like comparing the “haves and have nots” of other people's talents, possessions, position, finances, physical attributes, reputation or relationships.
 - Read [Psalm 37:1-9 NLT](#). What do these verses challenge you to stop doing? What practices do they encourage you to pursue instead? Think about some practical ways YOU can cultivate these verses into your life SO THAT you focus more on what Jesus wants to do in your life.
Need a few ideas? Set boundaries on social media, practice gratitude for what you have, celebrate personal wins, pursue healthy relationships, manage your expectations and be kind to yourself and others.
3. Ask Jesus to **give you clarity** in the wait. Think about a time of waiting in your life – whether in the past or presently. You may not be able to fully answer these questions yet, but they are still worthy of reflection.
 - What did you learn (or are you learning) about yourself? About God?
 - What has God called you to do? This could be inward growth or outward obedience.
 - Is there something you've had to/need to stop doing? This could be personal, spiritual or relational sacrifice.

Live it Out: [Hebrews 11](#), the Hall of Faith, recounts the stories of those who waited on God. Choose one of those stories or even a verse from this weekend's sermon notes that most resonates with you. Let it serve as an encouragement that what Jesus wants to do in and through your life is worth the wait.

Prayer: “Jesus, help me to focus on you. Give me the courage, patience and personal growth I need to trust that you are working in every season of my life, especially while I wait. Forgive me for the moments when I've looked at my circumstances as a burden rather than a miracle in the making. When I'm tempted to take matters into my own hands, help me to trust you. Lord, I love you and I hold onto the truth that you have nothing but your very best in store for my life. Amen.”