

Cultivate Reflection Guide

The Healer: God's Will for Healing March 12/13, 2022

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We know Jesus as our Lord and Savior, but do we know him as a healer? Whether it's the ongoing struggle with the pandemic, our spiritual and emotional health or our relationships, we all need healing.

Our weekly Reflection Guide equips you to start a REAL conversation in your community group, as well as cultivate God's word into your life through personal bible study. Choose the questions that challenge you to reflect and respond to what we're learning. *It's not about getting through the content, but getting the content through you!*

Read: [Luke 5:12-14 NLT](#) and [Hebrews 5:7 NLT](#)

Series Reflection: As you reflect on The Healer series so far, what has encouraged you? What has challenged you? How can you begin [or have you begun] to cultivate that personal growth into your life?

Respond:

1. We discover God's will for healing by **personally asking Jesus for a miracle**.
 - What obstacles, if any, keep you from going to Jesus with what you most need, when you most need it? **Be REAL** – these obstacles could be practical (time, impatience, forgetfulness), emotional (pride, shame, fear), spiritual (lies, deceit, sin) or relational (dependence on others).
 - Pastor Matt challenged us that “if we prayed for wisdom more, we'd have to pray for miracles less.” How might pausing to ask Jesus for wisdom before you act impact your life, relationships and circumstances?
2. We discover God's will for healing by **searching for God's will while we wait**.
 - Read [1 Peter 4:19 ESV](#). While God never delights in our suffering, our most difficult seasons can create our greatest growth. What two things does verse 19 challenge us to do while we wait?
 - Our waiting means God is working. What do you need to trust God with while you wait?
 - There is a difference between waiting and stalling. How can you continue doing good while you wait? Be specific – will you serve, seek, praise, lead, follow, share, comfort, disciple, etc.?
3. We discover God's will for healing when we **spend time [abide] with the healer**.
 - When we spend time with Jesus, there will be evidence in our choices, words, actions, habits and practices. How does your life reflect that you have been with Jesus? This could be evident in both what you choose and what you avoid. **Note:** Don't ever be ashamed to celebrate what Jesus is doing in you!
 - If you're not seeing the spiritual growth you desire, spend some time with Jesus this week. Ask Him [and keep asking Him] how you need to heal, grow and live according to His word.

Live it Out: Being REAL with others means we celebrate, encourage and challenge one another in love. Who in your life do you trust to give you wise and honest feedback? Reach out to them this week and invite them to pray with you and speak truth into your life. Then, be teachable and willing to listen as they do.

Prayer: “Jesus, as my sovereign Lord and King, you have control. I may not understand why, but I will trust your will and believe you are working. Forgive me for the times I've rushed into decisions without seeking your wisdom or failed to take responsibility for my choices. Waiting is hard, but while I wait, I'll praise you for loving me and growing me into the person you've called me to be. Help me to never take for granted the gift and privilege it is to spend time with you, to live according to your word and to ask you for healing. Amen.”