

# Cultivate Reflection Guide

## Falling from Grace November 20 & 21, 2021

If you missed this weekend's message, watch at [cultivate.sc/discussion](https://cultivate.sc/discussion)

Christians often talk about grace and how it should influence our lives. But grace can feel so much easier said than lived. What does grace mean to Christians, how can we fall from it and what can we do to keep grace at the center of our lives?

Use this week's Reflection Guide to start a REAL conversation in your community group or for personal bible study as you cultivate God's word into your life during the week. Choose the questions that challenge you to reflect and respond as you live out what we're learning. *It's not about getting through the content, but getting the content through you!*

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**Read:** [Galatians 5:1, 4-6 NIV](#)

**Reflect & Respond:** Pastor Fredo offered an expanded definition of grace. Reflect on it as you consider the power and presence of grace in your life.

*Grace is the over the top, raw, undeserved, immeasurable favored blessing of God, given through Jesus, rushing into every area of our lives and the empowering presence of God to become who he calls us to be.*

- Reflect on a time you've experienced God's grace. What thoughts/feelings does that stir up in you?
- Who do you believe has most greatly shaped your perspective on grace – self, God or others? If you wish, linger here and consider how that perspective has shaped your grace experience.
- God's grace is raw, undeserved and immeasurable for everyone. Is there anything you've been trying to add to grace – either for yourself or for others? For example: effort, entitlement, merit, conditions, limits, liberties, etc.

**Read:** [Colossians 3:12-13 ESV](#)

**We know we've fallen from grace when we:**

- think we're better than we are
  - hold onto our opinions and let go of relationships
  - would rather be right than reach the other person
  - can't forgive and move on
1. We all fall. Which of these is a struggle or temptation for you?
  2. How might that be impacting your spiritual growth – becoming the person God calls you to be?
  3. How has withholding grace impacted your relationships with others? Invite God to search your heart and show you if there is a particular person that needs to experience God's grace through you.

**We keep from falling from grace by:**

- asking Jesus for His grace
  - holding onto Jesus and letting go of bitterness
  - looking for opportunities to love people that we disagree with
  - speaking words of grace to people filled with hate
4. What is the next step YOU need to take to receive grace?
  5. How do you need to live out grace this week through your actions, words or choices? Be intentional about "gracing" someone in your life with kindness, compassion, humility, patience or forgiveness.

**Prayer:** Now that you've reflected on the power and presence of grace, respond to God in prayer. Praise Him for undeserved grace, confess where you've made grace something it wasn't or ask for healing and restoration where you've withheld it from others. Ask God to help you become a person who not only receives grace, but gives it away.