Cultivate Reflection Guide

A Series Called YOU: The Peacemaker [Enneagram Type 9] November 13 & 14, 2021

If you missed this weekend's messages, watch at cultivate.sc/discussion

The best way to know who YOU really are is to understand who God made you to be. The Enneagram is a self-discovery tool that can reveal both the beauty and the brokenness within each of us SO THAT we can invite God to help us heal, grow and cultivate the self-awareness, spiritual growth and healthy relationships He has created us for. Take the Enneagram assessment at sandalschurch.com/enneagram.

Use our Reflection Guide under the direction of your community group leader, to start a REAL conversation or for personal bible study as you cultivate God's word into your life. Choose the questions that challenge you to reflect and respond as you live out what we're learning. Keep in mind...it's not about getting through the content, but getting the content through you!

Read: <u>Genesis 18:20-33 NLT</u>

Reflect & Respond: Just like God heard the people's outcry in Abraham's day, He is near and listening to us.

- Reflect on a time when God has "spoken" into your life. It may have been a stirring in your spirit, a truth from the bible, a word from a wise friend, an answered prayer or a met need.
- How does reflecting on that time remind you of God's nearness and faithfulness?
- If you can't think of time when God has spoken into your life, invite Him to do so today. He is listening!

Review: The Peacemaker – the Enneagram Type 9

Reflects	Motivation	Need	Avoids	Focus	Core Sin	Fear
God's peace	Stability	Resolve	Conflict	Desires of others	Laziness	Insignificance

- What can you learn from the Peacemaker's ability to listen to and accept multiple perspectives?
- How do you relate to the Peacemaker's reluctance to engage in conflict?
- The Peacemaker will bury their own feelings to maintain peace. However, this can go sideways when bottled up needs pour out as passive aggressive behaviors. Where in your life are you vulnerable to this pattern with self, God or others? This might look like neglecting your own feelings, expecting others to know things you don't declare, holding grudges, never asking for help or hanging onto offense.

Cultivate Community If you're a Peacemaker, challenge yourself to be REAL [but kind] with others about what you think, want or need, particularly if you've been holding onto an unresolved issue. If you know a Peacemaker, don't let them run from conflict. Invite them into REAL conversation, giving them space to share while you listen.

Live Carefully: Like the Peacemaker, we can all use the reminder to carefully steward [protect, guard, control] the life that God has given us.

- Read Ephesians 5:15-17 AMP. You might choose to read other translations for perspective.
- What are the characteristics of a life lived carefully? Make note of the instruction on both <u>how</u> you walk and <u>who</u> you walk with.
- Is there anywhere in your life where you've been putting off growth or change? This could be physically, spiritually, relationally or emotionally. It may be something you need to stop or start.
- Set a goal today. Decide where you want to take action, pursue change or seek growth.
- What is a realistic timeline for YOU to achieve this goal SO THAT you don't put it off longer?
- Who is someone in your life you can invite to encourage progress and/or hold you accountable?
- Define your first step it shouldn't be easy, but is should be attainable. Now declare it and do it, and when you do, be sure you celebrate your progress!