

Cultivate Reflection Guide

A Series Called YOU: The Achiever [Enneagram Type 3]

October 2 & 3, 2021

If you missed this weekend's messages, watch at cultivate.sc/discussion

The best way to know who YOU really are is to understand who God made you to be. The Enneagram is a self-discovery tool that can reveal both the beauty and the brokenness within each of us SO THAT we can invite God to help us heal, grow and cultivate the self-awareness, spiritual growth and healthy relationships He has created us for. Take the Enneagram assessment at sandalschurch.com/enneagram.

Use our Reflection Guide for personal bible study, to start a REAL conversation with friends or under the direction of your community group leader. Choose the questions that challenge you to reflect and respond as you live out what we're learning. Keep in mind...*it's not about getting through the content, but getting the content through you!*

Read: [Mark 10:17-27](#). How did this passage or any of the other verses from this week's message encourage, instruct or challenge you?

Reflect & Be REAL: Like the rich, young ruler, many of us are living on autopilot – we're busy doing life, achieving and earning. We "know" the commandments and have safely "obeyed" them, so we comfortably rest in the promise that we're pleasing God. But are we living as the healthiest version of who God has created us to be?

- Think back on the last few weeks. Reflect on how you've spent time with God, engaged with family/friends, interacted at work, among neighbors, classmates and your community.
- Is there anywhere you've shifted to autopilot, living busy and comfortable vs. intentional and purposeful?
- Is there anywhere you've selectively obeyed God, choosing what suits you as you follow Him? This might also look like putting words in God's mouth to permit, justify or excuse why you do what you do.
- This isn't a matter of guilt, but of growth. How do you need to pursue healthy growth SO THAT you don't just live for God, but you live with God?

Reflect: The Achiever – the Enneagram Type 3

Reflects	Motivation	Need	Avoids	Focus	Core Sin	Fear
God's hope	Success	To achieve/win	Failure	Achieving Goals	Lying/Deceit	Being worthless

- How are you encouraged by the Achiever's hopeful vision and determination to succeed?
- How do you relate to the Achiever's fear of worthlessness or the temptation to lie to cover up perceived failure?
- Achievers are goal setters. Are there any goals you want to set personally [self], spiritually [with God] or relationally [with others]? This might be a way to achieve your desired growth from above!

Cultivate Community If you're an Achiever, challenge yourself to be REAL with trusted community about anywhere you're tempted to deceive others about what you know, what you do or even what you believe about yourself and God. If you know an Achiever, encourage them to connect with those feelings and be a safe place for them to confess without offering judgement or unsolicited advice, then celebrate that honesty!

God Sees the REAL YOU: When God looks at YOU, He sees who you are and who you are becoming. That is REAL love – we can't earn it and we don't deserve it, but we can live worthy of this gift of His kindness and grace.

- Read [Ephesians 2:4-10](#). God saved us in spite of our failures. According to verses 7-9, why is that?
- Verse 10 not only promises us that God has uniquely created us for good things, but that He's planned for that goodness to pour out of our lives. How does that encourage you as you define success? How does this challenge you to pursue success in an honorable way?
- What is one thing you can celebrate that God is doing in your life? This might be personally, spiritually or relationally.