

# Cultivate Reflection Guide

## A Series Called YOU: The Loyalist [Enneagram Type 6]

October 23 & 24, 2021

If you missed this weekend's messages, watch at [cultivate.sc/discussion](http://cultivate.sc/discussion)

The best way to know who YOU really are is to understand who God made you to be. The Enneagram is a self-discovery tool that can reveal both the beauty and the brokenness within each of us SO THAT we can invite God to help us heal, grow and cultivate the self-awareness, spiritual growth and healthy relationships He has created us for. Take the Enneagram assessment at [sandalschurch.com/enneagram](http://sandalschurch.com/enneagram).

Use our Reflection Guide under the direction of your community group leader, to start a REAL conversation or for personal bible study as you cultivate God's word into your life. Choose the questions that challenge you to reflect and respond as you live out what we're learning. Keep in mind...*it's not about getting through the content, but getting the content through you!*

**Read:** [Matthew 14:22-33 NLT](#)

**Reflect & Respond:** Jesus not only reminded Peter to “take courage,” but He invited Peter to come closer, then rescued him when moments later his faith faltered. This was an authentic moment of imperfect faith, and Jesus was with Peter for it all.

- Even when our faith falters, Jesus IS faithful. How do you need Jesus to be with YOU today? Be specific – “Jesus, I need \_\_\_\_\_ [faith, courage, hope, strength, provision, change, forgiveness, freedom, etc.]”

**Review:** The Loyalist – the Enneagram Type 6

Reflects	Motivation	Need	Avoids	Focus	Core Sin	Fear
God's faithfulness	To be safe	To be certain	Risk	What could go wrong	Fear	Being defenseless

- What can you learn from the Loyalist's faithfulness and consistency?
- How do you relate to the Loyalist's fearful nature or hesitancy to trust?
- The Loyalist's reluctance to trust themselves, God and others can cause them to avoid experiences and even sabotage relationships. Is there anywhere in your life where fear is holding you back? Is that a healthy/realistic fear leading to caution or an unhealthy/unrealistic fear creating chaos?
- Rather than wrestle with what might go wrong, what could go right if you trusted yourself, God or others? Pick one way you can practice that exchange this week – fear for faith.

*Cultivate Community* If you're a Loyalist, challenge yourself to be REAL with someone you trust about any area in which you're struggling with fear, focused on “what ifs” or wrestling with anxiety. Share how they can help you to “take courage” and trust God. If you know a Loyalist, share how their loyalty and compassion has blessed you.

**He is YOUR God:** God's word is full of truth – sometimes scary, always honest and very REAL. As followers of Jesus, we can find courage in the fact that God's story – our story – always ends in victory.

- Read [Psalm 91 NLT](#). If possible, read it in a bible or [print it here](#).
- The psalmist details what could go wrong. Highlight or underline everything good and right. Make note of which is greater – the fearful or the faithful.
- If we live in the presence of God, what can we declare? (v2)
- What does the Lord promise in response? (v14-16)
- God's protection and provision should not only inspire our awe and gratitude, but it should cultivate trust and obedience. Take a moment and praise God for how He protects you. Then consider, is there anything/anyone you find yourself more willing to trust or more quick to turn to than Him? Why is that?
- Fear is a sin, but God is a loving redeemer. Pray and ask Jesus to make Himself REAL in the way you most need SO THAT you can trust Him to rescue, protect, answer, help, honor and reward YOU!