

Cultivate Discussion Guide

+ Bonus: 60 Days to a Better Me Reflect & Respond

MOTIVATED ... To Listen to God
February 8 and 9, 2020

If you missed this weekend's message, view it at cultivate.sc/discussion

Hey, Leaders! A few reminders as you pray and prepare for group...

- Choose the questions that are most meaningful to you and will lead your group into REAL conversation.
- It's okay if you don't answer every question or if you want to incorporate questions from the weekly sermon notes.
- Encourage your group to cultivate God's word on their own by reflecting on the questions you don't cover in group **AND taking part in the 60 Days to a Better Me study on the Sandals Church app!**

Group Health Check: To stay healthy, we need routine check-ups. Take some time to assess the status of your group health. Is your group still a safe place for you to be REAL? Are you relationally healthy, honoring each other in the way you communicate *with* and *about* group members? Do any of you feel called to lead a group of your own and make room for more women to cultivate truth? What needs to happen so that your group not only maintains its health, but continues to grow spiritually? Share openly, honestly and BE KIND!

Listening to God isn't just...

- With my ears, but with my whole self
- For information, but transformation

"The instructions of the Lord are perfect, reviving the soul. The decrees of the Lord are trustworthy, making wise the simple. The commandments of the Lord are right, bringing joy to the heart." Psalm 19:7-8 NLT

#1: David uses words like perfect, trustworthy, wise and right to describe God's instructions. What words do you use to describe what God and His word mean to you?

- **If you find you're not talking about God or His word with joy, how might you be more intentional about engaging in spiritual conversation?**

#2: Our response to God and His word should match David's in Psalm 19 – reverent, humble, honoring and obedient. What is your response when you spend time with God? Are you humbly listening to be transformed or are you stubbornly justifying your way?

Listening to God...

- Leads me to Jesus
- Begins with meditating on scripture

"All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work." 2 Timothy 3:16-17

#3: If we are in God's word, God's word is in us – it is alive! Share how God's word is at work in your life right now. For example...is it making you more kind and patient, wise and understanding, gracious and accepting, hopeful and healed, etc.?

#4: God's word can often equip us for things we may not know are coming. Share a time God's word equipped you to teach, encourage or inspire someone when you hadn't even read it for that purpose? It's okay if that someone was you.

Cultivate Prayer: The more we listen to God through His word and His Spirit, the more our eyes are opened to who He is. Although our circumstances change, God does not – He is still and always mighty, just and loving. How do you need God to make Himself known in your life – whether that be practical or spiritual? Pray and ask Him to show you that He is mighty, just and loving in that way.

60 Days to a Better Me

Reflect & Respond

It's Week 4 of the 60 Days to a Better Me bible reading plan! Way to go for staying steadfast in your reading. Keep at it and even if you're behind, don't stop. Whether you're reflecting on your own progress or having REAL conversation in community, share **what** you're learning and **how** you're changing.

- #1: As we navigate the pages of the Old Testament, what are you learning about God's plan for His people and the lengths He'll go to on their behalf? How does that impact your faith in God's ability to provide for you?**
- #2: How are you being challenged or changed by what you're reading? This could be through the content or even in practicing the daily discipline of reading.**