

Cultivate Discussion Guide

+ **Bonus:** 60 Days to a Better Me Reflect & Respond

MOTIVATED ... To Change My Life Before It Falls Apart

February 1 and 2, 2020

If you missed this weekend's message, view it at cultivate.sc/discussion

Hey, Leaders! A few reminders as you pray and prepare for group...

- Choose the questions that are most meaningful to you and will lead your group into REAL conversation.
- It's okay if you don't answer every question or if you want to incorporate questions from the weekly sermon notes.
- Encourage your group to cultivate God's word on their own by reflecting on the questions you don't cover in group **AND taking part in the 60 Days to a Better Me study on the Sandals Church app!**

Cultivate Truth: Reflect on these two verses from our Motivated series...

"Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it day and night." Psalm 1:1-2 NLT

"Two angels came to the entrance of the city of Sodom. Lot was sitting there..." Genesis 19:1 NLT

#1: Are you where God wants you – in His presence, delighting in His word? Or do you find yourself sitting with mockers like doubt, worry or fear. Are you taking your advice from the wicked like anger, gossip and unkindness?

- What would it take to get back to where you belong – with God; with truth? This could involve stopping something harmful or starting something good.

I change my life by...

- Learning to ask the right questions
- Pursuing God instead of my desires and dreams
- Sticking with wise people who follow God
- Recognizing when it's time to make drastic decisions

#2: Which one of these life changes most resonates with you and why?

"Most people ask God to bless their life, instead of asking God what kind of life He blesses. Stop settling for things that 'look like' God's plans for you and start seeking His REAL purpose for you." Pastor Matt Brown

#3: Think about your life in the context of the following: physical (daily choices/desires), emotional (thoughts), spiritual (pursuit of God) and relational (people).

- In what areas do you most want God's blessing or help?
- How do you need to grow/change so you're living a life God will bless?

"Lot chose for himself...and moved his tents to a place near Sodom...but the people of this area were extremely wicked and constantly sinned against the Lord." Genesis 13:11-13 NLT

"There is a path before each person that seems right, but it ends in death." Proverbs 16:25 NLT

#4: Share a time you rejected wisdom because you wanted to choose for yourself. How did that work out? What did you learn?

Cultivate Prayer: We demonstrate our love for God by obeying Him. That's not always easy, but it is necessary to live a life He blesses. Break into prayer partners and share any area where you're having a hard time obeying God. Pray together for steadfastness and courage to stay the course. Ask God for grace and mercy as you try to faithfully follow Him. Encourage each other that He is working His plans for your good.

60 Days to a Better Me

Reflect & Respond

It's Week 3 of the 60 Days to a Better Me bible reading plan! Congrats on cultivating the discipline of being in God's word. If you've fallen behind, that's okay. Don't stress out, just catch up. Whether you're reflecting on your own progress or having REAL conversation in community, share ***what*** you're learning and ***how*** you're changing as a result of God's word.

#1: Share one thing you've learned about God's character. This might be a "theme" you noted through your reading.

#2: What do you most appreciate about this attribute of God's character?

#3: Share one practical way you could cultivate that characteristic into your life this week.