

Cultivate Discussion Guide

The Cure for Loneliness – Relationship Priorities September 7 and 8, 2019

If you missed this weekend's message, view it at cultivate.sc/discussion

Tips for leaders:

- Prepare for your group. Your goal is to choose the questions that will lead your group into REAL conversation about the topics most meaningful to you. It's okay if you don't answer them all!
 - To help everyone follow along, ask them to print the Discussion Guide or pull it up on their phone.
 - If questions remain unanswered, encourage women to work through them as they cultivate God's word on their own throughout the week.
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Reflect: What about this weekend's message most spoke to you? How were you encouraged or challenged?

Let's talk priorities but first, remember...it's entirely normal for our priorities to shift depending on the season of life we're in or even changing commitments, family dynamics, relationships, schedules...LIFE! God's desire is that by seeking Him first – whatever that might look like for us personally – He can strengthen and equip us to become the best version of ourselves SO THAT we can best pursue other priorities.

#1: Reflect on the priorities below and how they look in your life right now. Be REAL and rank them from #1-5 based on the amount of time and attention you devote to them. If a relationship is not represented in your life, think of a comparable one:

- Relationship with God
- Relationship with self
- Relationship with my spouse (significant person in your life)
- Relationship with my kids (family)
- Relationship with my world (sphere of influence/community/workplace)

#2: As they stand, how are your relational priorities working for you? Do they feel healthy? Would you like to reprioritize them or add to the list and why?

#3: What are some obstacles that keep you from making God the #1 priority in your life? Discuss what it would look like for YOU (this is personal, not some set pattern) to be intentional about keeping Him in that #1 spot.

- Be REAL and specific about the practical changes you want to make, but also be reasonable because you want this to work for you!

Pastor Andrew encouraged us that renewing our minds – moving from mood swings to mindsets – is a process, not a momentary event. Read the following verses:

“So if you're serious about living this new resurrection life with Christ, *act* like it. Pursue the things over which Christ presides. Don't shuffle along, eyes to the ground, absorbed with the things right in front of you. Look up, and be alert to what is going on around Christ—that's where the action is. See things from *his* perspective.” Colossians 3:1-2 MSG

“Don't be conformed to the patterns of this world, but be transformed by the renewing of your minds so that you can figure out what God's will is—what is good and pleasing and mature.” Romans 12:2 CEB

#4: What do you do when you need to “see things from His perspective” and “figure out what God's will is?” Be specific – do you practice a spiritual discipline, have a REAL conversation, etc.?

#5: Think about something you're praying for right now. If you had to sum up that prayer request using either: Wow, Help or Yes – which would it be?

#6: Share one outward change you've experienced because of what Jesus has done inside your heart and mind.

Cultivate Prayer: Begin by thanking God for relationship – the fact that He desires to know us and make Himself known to us. Ask Him to search your heart and pinpoint anything that is keeping Him from being your #1 priority? Is this an outside influence (time, relationships, habits) or an internal obstacle (doubts, worries, fears)? Ask God to help you see this thing clearly then give you both the strength and desire to overcome it.

Who does God want around your KIND Table? Who are the women in your life that need to experience kindness and community? KIND table is the perfect opportunity to make room for them at your table so they can taste and see what kindness can do. Go to cultivate.sc/kindtable for all the details on how you can host AND to enter our hostess GIVEAWAY with amazing prizes to help you set a KIND table.