

Cultivate Discussion Guide

Relational Remix – Using the Enneagram to Change the Way I Relate September 14 and 15, 2019

If you missed this weekend's message, view it at cultivate.sc/discussion
For more information on how we're using the enneagram, visit sandalschurch.com/enneagram

Tips for leaders:

- Prepare for your group. Your goal is to choose the questions that will lead your group into REAL conversation about the topics most meaningful to you. It's okay if you don't answer them all!
 - To help everyone follow along, ask them to print the Discussion Guide or pull it up on their phone.
 - If questions remain unanswered, encourage women to work through them as they cultivate God's word on their own throughout the week.
-

Reflect: Take a few minutes to share your personal experience with the enneagram. Do you know your primary style? How has learning through the enneagram impacted you? If you're not familiar with it, what are your initial thoughts after this weekend's message?

Christianity is a spiritual movement toward right relationships with God, others and ourselves. Pastor Matt challenged us that if we desire to relate to God and others in a healthy way, we need to first allow Him to "remix" the way we see ourselves. He has a better picture of us than we do, and He wants us to see ourselves like He does—both the beauty and the brokenness—so that we can become who He created us to be.

#1: What is one thing you want Jesus to remix in your life SO THAT you can better relate to Him and others? This might be personal growth, the way you interact with others or even the way you see God.

#2: When you consider having a "right relationship" with self, God or others – which is the biggest challenge for you. Why do you think that is?

Read 2 Timothy 3:16-17 NLT

"All scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work."

#3: Think about the way you engage with God through His word. Share your most recent experience with Him either teaching, correcting, preparing or equipping you.

#4: Is there anything you need to remix about the way you cultivate God's word into your life? Do you need to...be more intentional about the time you spend in it, allow Him to correct and instruct you through it, or take Him at His word and believe it's true for you?

Consider the Enneagram Triads:

- The Gut: 8, 9, 1 – where people see the world through their instincts.
- The Heart: 2, 3, 4 – where people see the world through their feelings.
- The Head: 5, 6, 7 – where people see the world through their thoughts.

#5: Describe what it looks/feels like to see the world through your triad? If you don't know your primary style, join the conversation based on whether you most fit into gut, heart or head.

- **What is the beauty of your triad/style that you appreciate?**
- **What is a challenge of your triad/style that you encounter?**

#6: How would you like to see God either challenge your instincts, cleanse your feelings or change your thoughts over the next 9 weeks?

#7: Pick a triad that is different than your own and, if you can, someone you know who fits into that triad. What do you admire or value about the way they see the world?

Cultivate Prayer: Pair up for prayer – either with someone you have a lot in common with or someone who sees the world a bit different – your choice! Share how you want God to remix the way you relate to Him, others and yourself. Pray for one another now and commit to partnering with one another in prayer and accountability over the next 8 weeks. Check in, encourage, challenge and point each other to the truth of God's word, both for you personally and in the way you relate to Him and others.

KIND Table is Friday, September 27! What an incredible opportunity to reach out with a KIND invite to the women in your life and ask them to your table for food, community and conversation. It's time to make the invite! Go to cultivate.sc/kindtable for printable invites, tips and resources. Hostesses...don't forget to RSVP and enter our hostess GIVEAWAY with amazing prizes to help you set a KIND table.