

# Cultivate Discussion Guide

## + Bonus: Summer Book Club Questions

### About the Holy Spirit July 6 and 7, 2019

If you missed this weekend's message, view it at [cultivate.sc/discussion](http://cultivate.sc/discussion)

#### Tips for leaders:

- Prepare for your group. Your goal is to choose the questions that will lead your group into REAL conversation about the topics most meaningful to you. It's okay if you don't answer them all!
  - To help everyone follow along, ask them to print the Discussion Guide or pull it up on their phone.
  - If questions remain unanswered, encourage women to work through them as they cultivate God's word on their own throughout the week.
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**Reflect:** Think about this weekend's message. What did you learn? Were you encouraged or challenged by what the Holy Spirit does in our lives? Did you feel the need to reconnect with God's spirit after the message?

**Cultivate Truth:** Pastor Matt reminded us that the Holy Spirit connects us to God through prayer. Prayer is a vital spiritual discipline in the life of a believer. It's our opportunity to cultivate an intimate relationship with God, both by hearing from Him and talking to Him.

Because it's a discipline, prayer can be a battle. We might struggle with being still, fight distractions, feel like we can't find the right words or even be so weighed down by the magnitude of our requests, that we can't pray at all. That's where the Holy Spirit - our Helper - comes in.

#### #1: Describe your prayer life - there's no wrong answer, so be REAL!

- **Is prayer a joy or an obligation?**
- **Does it bring you comfort and peace or do you struggle?**
- **Can you be REAL with God? If not, what holds you back?**
- **What needs to change – either inside you or around you – so you can cultivate prayer into your spiritual life?**

#### Read Romans 8:26-27 TPT [emphasis added]:

“At times we don't even know how to pray, or know the best things to ask for. But the Holy Spirit rises up WITHIN us to super-intercede on our behalf, pleading to God with emotional sighs too deep for words. God, the searcher of the heart, KNOWS FULLY our longings, yet he also understands the desires of the Spirit, because the Holy Spirit passionately pleads before God FOR US, his holy ones, in PERFECT HARMONY with God's plan and our destiny.”

#### #2: What does this verse tell you about the Holy Spirit?

- **About God?**
- **How do they work together on your behalf?**
- **How does this truth impact your perspective on prayer?**

#### #3: Share a time the Holy Spirit directed you – maybe you obeyed, maybe not.

- **Describe how you experienced Him – whisper, gentle reminder, through God's word, etc.**
- **How did you discern (know, test, confirm) it was Him and not you?**
- **What did you learn through this experience?**

## Read the following verses:

“There are different kinds of spiritual gifts, but the same Spirit is the source of them all. There are different kinds of service, but we serve the same Lord. God works in different ways, but it is the same God who does the work in all of us. A spiritual gift is given to each of us so we can help each other.” 1 Corinthians 4-7 NLT

“I’m writing to encourage you to fan into a flame and rekindle the fire of the spiritual gift God imparted to you...for God will never give you the spirit of fear, but the Holy Spirit who gives you mighty power, love and self-control.” 2 Timothy 1:6-7 TPT

### **#4: What is something you do well - it could be a gift, talent or passion?**

- **If you’re not sure, ask your group what they see in you.**
- **How have you, or would you, like to use your gift to help others?**

**Note:** As women, we can often be tempted to hide what we’re good at - in doubt, a sense of humility or even fear we’ll be seen as bragging or overconfident. To be ashamed of the gift, is to be ashamed of the Giver. God gave you gifts with uniqueness and purpose – go use them with power, love and wisdom!

**Cultivate Prayer:** Begin your prayer time with worship and thanks. Share simple one sentence prayers and fill in the blanks with the blessings, provisions or aspects of God’s character that you are grateful for - “Jesus, thank you for \_\_\_\_\_. Now, ask Him for what you need this week - whether it be a renewing of your heart and mind or ears to hear and obey the leading of His spirit. Don’t forget to be praying for each other too! ♥

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## *Summer Book Club*

### **Week 2 Discussion Questions Chapter 2 and 3**

Visit [cultivate.sc/adamant](http://cultivate.sc/adamant) for full book club details.

It’s Week 2 of the Cultivate Summer Book Club! If you’re group would like to incorporate *Adamant* into your weekly discussion, adjust your time to answer the following questions, along with your own personal insight, favorite passages and REAL conversation:

- #1: In Chapter 2, Lisa provides a beautifully intimate account of the creation story. What most spoke to you?**
- #2: On pgs. 45-46, Lisa shares some “labels” that can limit us from experiencing intimacy with God. What labels or lies – whether spoken over you by others or spoken over yourself – keep you from seeing yourself the way God sees you?**
- #3: Throughout Chapter 3 - Adamantly Constant - we read of our Creator’s unchanging nature. What does God’s steadfastness, consistency and goodness mean to you personally?**
- #4: On page 57, Lisa says “We discover who we are in the revelation of whose we are.” What have you learned about who you are as you’ve discovered more about Jesus - our Adamant?**

Prepare for next week’s discussion by reading Chapter 4-6 of Adamant.