

# Cultivate Discussion Guide

## + Bonus: Summer Book Club Questions

### What Do I Believe? June 29 and 30, 2019

If you missed this weekend's message, view it at [cultivate.sc/discussion](http://cultivate.sc/discussion)

#### Tips for leaders:

- Prepare for your group. Your goal is to choose the questions that will lead your group into REAL conversation about the topics most meaningful to you. It's okay if you don't answer them all!
  - To help everyone follow along, ask them to print the Discussion Guide or pull it up on their phone.
  - If questions remain unanswered, encourage women to work through them as they cultivate God's word on their own throughout the week.
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**Reflect:** Pastor Matt reminded us that if we're not careful, we can get confused about our faith. Think for a few moments about WHAT you believe and more practically, what it means to LIVE what you believe. **Share a personal "statement of faith" summing up, in your own words, what you believe.**

#### Read Luke 10:40-42 TPT

"But Martha became exasperated by finishing the numerous household chores in preparation for her guests, so she interrupted Jesus and said, "Lord, don't you think it's unfair that my sister left me to do all the work by myself? You should tell her to get up and help me."

The Lord answered her, "Martha, beloved Martha. Why are you upset and troubled, pulled away by all these many distractions? Are they really that important? Mary has discovered the one thing most important by choosing to sit at my feet. She is undistracted, and I won't take this privilege from her."

**#1: The problem wasn't that Martha was busy, it was that she used her busyness as a reason [a.k.a. excuse] to not sit with Jesus.**

- **What distracts you from sitting with Jesus?**
- **Is that distraction really that important?**
- **What would it take for you to get undistracted and first choose the privilege of sitting with Jesus?**

**Note:** Work, life demands, and even healthy pastimes aren't bad for us—until we're choosing them over investing in our relationship with Jesus. Setting them aside is not easy and takes REAL intention, but Jesus is also saying to us, "Beloved, come discover the one thing most important by choosing to sit at my feet." ♥

#### Confusion comes when we are:

- Ignorant
- Distracted
- Trusting the wrong opinions/ideas
- Deceived by sin

As women, we can often be deceived by our own thoughts - shame, self-doubt, worries and the lies we believe can distract us from truth. In addition, if we're not wise about what we watch, read, listen to and scroll through, we can grow confused about our faith, our purpose and even our worth in Christ—which is exactly where the devil wants us.

**#2: Are you struggling with any confusing or deceiving thoughts right now?**

- **Is this an internal battle or are other people causing your confusion?**
- **Share how that's impacting your faith.**
- **Our God is not a God of confusion, but of clarity. As a group, speak His truth over the confusion - share a spiritual insight, promise of God, verse or word your sisters in Christ can claim when confusion rises.**

### **Read Galatians 2:20 MSG**

“Indeed, I have been crucified with Christ. My ego is no longer central. It is no longer important that I appear righteous before you or have your good opinion, and I am no longer driven to impress God. Christ lives in me. The life you see me living is not “mine,” but it is lived by faith in the Son of God, who loved me and gave himself for me.”

**#3: What does this verse say we should “no longer” focus on?**

- **How might letting go of those things free you?**
- **Christ gave his life for yours. He loves you and lives in you through the Holy Spirit - helping, comforting, strengthening and encouraging you. How does that truth empower you to cultivate a life of faith?**

**Note:** Faith isn't a magic wand that releases us of our burdens and trials. It's an exercise we must choose every single day. Living by faith means we don't declare “mine” over our lives but keep saying “yours” to God, continually trusting the Savior who gave everything for us. ♥

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## *Summer Book Club*

### **Week 1**

Visit [cultivate.sc/adamant](http://cultivate.sc/adamant) for full book club details.

Welcome to Summer Book Club! Over the next 6 weeks, we'll be cultivating truth into our lives as we read and discuss *Adamant* by Lisa Bevere. If your group would like to incorporate *Adamant* into your weekly discussion, adjust your time to answer the following questions:

- 1. What jumped off the pages and most spoke to you in Chapter 1?**
- 2. How did the descriptions of the Adamant stone change the way you view Christ as our Rock?**
- 3. On page 24, Lisa says, “Jesus is not a decorative add-on to our lives. He is our pattern and the seed from which our entire lives will come. Not only is he our refuge and the seed of our foundation, but he is also our refreshing.”**
  - **How does that challenge you? Encourage you?**
  - **What are some practical ways you could cultivate that truth into your life?**

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**Cultivate Prayer:** What's one truth you want Jesus to seal to your heart this week? Maybe it's something you need to surrender? Perhaps you need strength, direction or courage to pursue the next thing? You might even need rest, healing or renewed faith. Whatever it is, ask Him—in faith—and believe that He hears you and is working all things together for your good.